Primary Years Encouragement – 30.06.20

"I write these things to you who believe in the name of the Son of God,

that you may know that you have eternal life."

1 John 5:13

Hello CYM

How are you all? What did you get up to last week?

With restrictions changing all the time, I was able to enjoy lunch in my Mother In Law's garden and take my Mum to Ashdown Forest for a picnic.

I'm hoping that as further restrictions are lifted that, safely, I can continue to do things like this.

One thing I have found a real struggle though during lockdown, is everything I had planned for this year, has pretty much been cancelled. I wonder if your plans have been cancelled too and how you are feeling about that.

So, this week's encouragement is all about 'plans'.

Activity

Microwave Mug Cake Recipe

The ingredients you will need are:-

- 4 tbsp self-raising flour
- 4 tbsp caster sugar
- 2 tbsp cocoa powder
- 1 medium egg
- 3 tbsp milk
- 3 tbsp vegetable oil or sunflower oil
- A few drops of vanilla essence
- 2 tbsp of chocolate chips, nuts, or raisins (all optional)

The method:-

- 1. Add 4 tbsp self-raising flour, 4 tbsp caster sugar and 2 tbsp cocoa powder to the largest mug you have (to stop it overflowing in the microwave) and mix.
- 2. Add 1 medium egg and mix in as much as you can, but don't worry if there's still dry mix left.
- 3. Add the 3 tbsp milk, 3 tbsp vegetable or sunflower oil and a few drops of vanilla essence and mix until smooth, before adding 2 tbsp chocolate chips, nuts, or raisins, if using, and mix again.
- 4. Centre your mug in the middle of the microwave oven and cook on High for 1.5 2 minutes, or until it has stopped rising and is firm to the touch.
- 5. The mug will be boiling hot at this point, so use oven gloves to remove.
- 6. Leave to stand for 1 minute.
- 7. Best served with ice-cream.

Crossword

Have a go at completing the attached Noah's Ark crossword

Story

Noah (Old Testament Genesis 6 – 9)

After Adam and Eve left the garden, many people were born. The people kept doing bad things, and they forgot about God. Except Noah. Noah loved God. God was sad that everyone but Noah forgot about him. He told Noah about his plan to start again. "Make yourself an ark," God said. "Here's how." So Noah and his family began working on the ark.

When it was done, God said, "Take your family and two of every animal into the ark." Animals creeped, crawled, hopped, and galloped onto Noah's new boat.

After everyone was inside, the rain began to fall. And fall. And fall. The ark rocked this way and that way on the rising water. Finally, the rain stopped. Water covered everything! Everyone inside the ark was safe. Noah and his family were very happy.

One day Noah sent a dove to find land. It flew and flew but never found any. So it came back. One week later, Noah sent the dove out again. This time it brought him an olive leaf. Noah cheered, "It must have found land!" The ark finally came to rest on the top of a mountain. God told Noah to leave the ark. Noah and his family praised God. God put a beautiful rainbow in the sky. It was a sign of his promise to never flood the whole earth again.



Encouragement

Noah's plans were completely changed. He was asked by God to build an ark in the middle of a drought! Quite extraordinary......

In the Bible, God warns us that there will be diseases and wars. Today, we are facing a worldwide pandemic. This pandemic has completely changed our plans and we are not entirely sure when it will be over.

Noah faced an uncertain journey on a boat, that in the end took, according to historians, 360 days to reach land! Noah placed his trust in God's hands knowing that God had a plan for him and his family that would have a happy ending.

We will all be able to plan nice things once again soon, but in the meantime, may we know that by placing our trust in Him in all things gives us the promise that He loves us, He knows our struggles and that He is a good, good Father working all things out around the world, because he wants the best for us.

Prayer

Father God

Thank you for looking after us during these difficult times.

Thank you for our homes, family and food.

Thank you that we have had the freedom to exercise every day and get to know our neighbours more.

May we continue to trust in you in all things in the days, weeks and months that lie ahead.

In Jesus name

Amen

Worship Song

Who built the ark?

https://www.youtube.com/watch?v=3Ei5nSfKFws

If you need any craft supplies, food and toiletries, or just a phone chat over coffee, please call me on 07969959442.

Every blessing

Denise



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INSTRUCTION CREATURES PRESERVE WARNING ANIMALS REFUGE FAMILY OBEYED TIMBER NIGHT BUILD RIGHT LIVED LOYAL FLOOD SAVE DOOR RAIN BOAT NOAH DAYS GOD ARK